

PRODUCT NAME: GREEN NORI FLAKES, Ao-Nori

INGREDIENTS: dried seaweed ("Ao-Nori", *Ulva pertusa*)

SHELF LIFE: 24 Months

RECOMMENDED STORAGE CONDITIONS: Store in a cool, dry and dark place.

SHIPPING SIZE

RETAIL	20G BAG x 20 x 2
BULK	11kg bag

NUTRITION ANALYSIS

Per	100g
Energy	819kJ/198kcal
Fat	2.3g
of which Saturates	1.0g
Carbohydrate	7.3g
of which Sugars	0.4g
Fibre	40.9g
Protein	16.7g
Salt	6.9g